



NON-FICTION CATALOGUE JULY - DECEMBER 2020



Fat Cow, Fat Chance

The science and psychology of size

Jenni Murray

Speaking to anyone who has ever stepped on to the scales and worried about their weight, Jenni Murray explores the relationship between psychology, science and size.

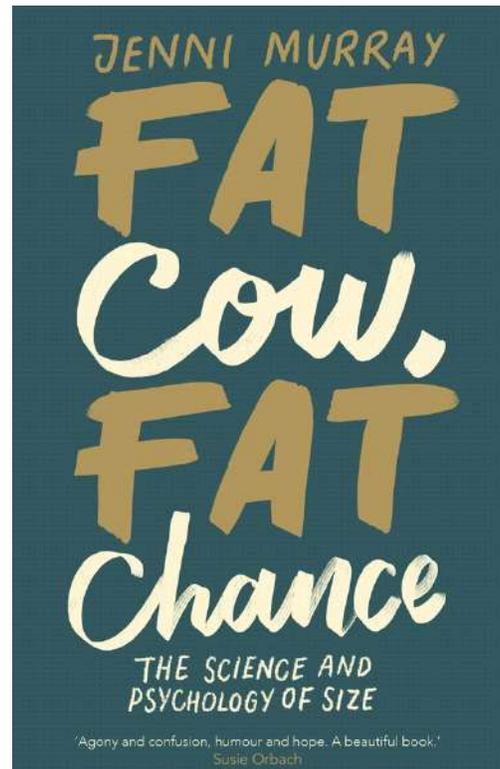
'Agony and confusion, humour and hope. A beautiful book.'
SUSIE ORBACH, author of *Fat is a Feminist Issue*

At sixty-four, Jenni Murray's weight had become a disability. She avoided the scales, she wore a uniform of baggy black clothes, refused to make connections between her weight and health issues and told herself that she was fat and happy. She was certainly fat. But the happy part was an Oscar-worthy performance. In private she lived with a growing sense of fear and misery that her weight would probably kill her before she made it to seventy.

Interwoven with the science, social history and psychology of weight management, *Fat Cow, Fat Chance* is a refreshingly honest account of what it's like to be fat when society dictates that skinny is the norm. It asks why we overeat and why, when the weight is finally lost through dieting, do we simply pile the pounds back on again? How do we help young people become comfortable with the way they look? What are the consequences of the obesity epidemic for an already overstretched NHS? And, whilst fat shaming is so often called out, why is it that shouting 'fat cow' at a woman in the street hasn't been included in the list of hate crimes?

Fusing politics, science and personal pain, this is a powerful exploration of our battle with obesity.

Jenni Murray is a journalist and broadcaster who has presented BBC Radio 4's *Woman's Hour* since 1987. She is the author of several books, including *Memoirs of a Not So Dutiful Daughter*, *A History of Britain in 21 Women* and *A History of the World in 21 Women*. She lives in North London and Cheshire.



July 2020
9780857525840
£16.99 : Hardback
272 pages

I Am An Island

Tamsin Calidas

Raw, visceral and haunting, this astonishing account of a woman's life on a remote island in the Hebrides draws in big themes around solitude and friendship, resilience and survival, and merits comparison with *The Outrun*.

'The memoir of the year' - *Vogue*

'Completely astonishing...the fragility of life transcended and restored by the triumphant pull of a determination to survive' - Juliet Nicolson

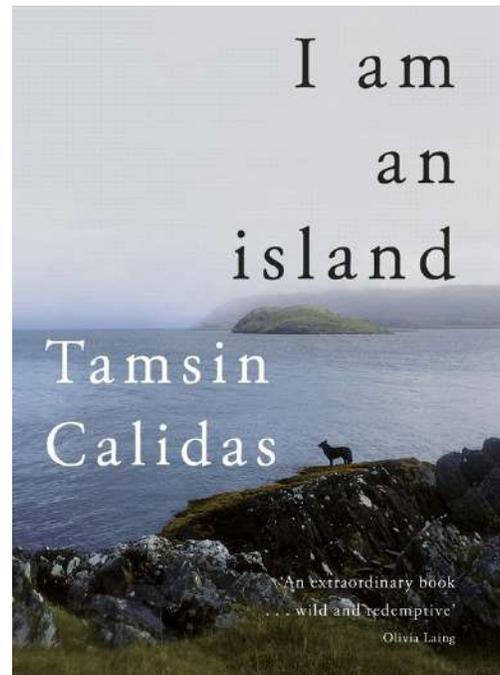
When Tamsin Calidas first arrives on a remote island in the Scottish Hebrides, it feels like coming home. Disenchanted by London, she and her husband left the city and high-flying careers to move the 500 miles north, despite having absolutely no experience of crofting, or of island life. It was idyllic, for a while. But as the months wear on, the children she'd longed for fail to materialise, and her marriage breaks down, Tamsin finds herself in ever-increasing isolation.

Injured, ill, without money or friend she is pared right back, stripped to becoming simply a raw element of the often harsh landscape. But with that immersion in her surroundings comes the possibility of rebirth and renewal. Tamsin begins the slow journey back from the brink.

Startling, raw and extremely moving, *I Am An Island* is a story about the incredible ability of the natural world to provide when everything else has fallen away - a stunning book about solitude, friendship, resilience and self-discovery.

Tamsin Calidas is a writer and photographer living in the wilds of the Scottish Hebrides.

She worked in various roles in advertising, publishing and the BBC before giving it all up in 2004 to move to a tiny, remote island in Scotland to run a derelict croft with sheep and horses.



July 2020
9780857526656
£16.99 : Hardback
304 pages

Making Sense

Conversations on Consciousness, Morality and the Future of Humanity

Sam Harris

From the bestselling author of *Waking Up* and *The End of Faith*, comes the "best of" conversations from the internationally popular podcast *Making Sense*.

"Civilization rests on a series of successful conversations." — Sam Harris

Neuroscientist, philosopher, podcaster and bestselling author Sam Harris, has been exploring some of the greatest questions concerning the human mind, society, and the events that shape our world.

Harris's search for deeper understanding of how we think has led him to engage and exchange with some of our most brilliant and controversial contemporary minds - Daniel Kahneman, Robert Sapolsky, Anil Seth and Max Tegmark - in order to unpack and clarify ideas of consciousness, free will, extremism, and ethical living.

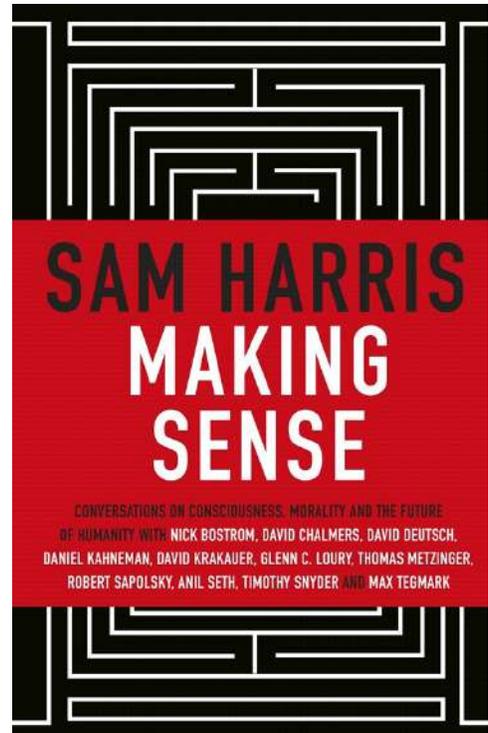
For Harris, honest conversation, no matter how difficult or contentious, represents the only path to moral and intellectual progress.

Featuring eleven conversations from the hit podcast, these electric exchanges fuse wisdom with rigorous interrogation to shine a light on what it means to make sense of our world today.

'I don't have many can't miss podcasts, but *Making Sense* is right at the top of that short list.' - **Stephen Fry**

'Sam Harris is the most intellectually courageous man I know.' - **Richard Dawkins**

Sam Harris is the author of five *New York Times* bestsellers. His books include *The End of Faith*, *Letter to a Christian Nation*, *The Moral Landscape*, *Free Will*, *Lying*, and *Waking Up*. *The End of Faith* won the 2005 PEN/Martha Albrand Award for Nonfiction. His work has been published in more than twenty languages. Harris has written for the *New York Times*, the *Los Angeles Times*, the *Economist*, *The Times*, the *Boston Globe*, the *Atlantic*, *Annals of Neurology*, and other outlets. He received a degree in philosophy from Stanford University and a PhD in neuroscience from UCLA. Please visit his website at SamHarris.org.



August 2020

9781787633797

£20.00 : Hardback

464 pages

Black and White Thinking

When grey matter and grey matters collide

Dr Kevin Dutton

With polarizing events like Trump and Brexit in mind, *Black and White Thinking* argues that by understanding the evolutionary programming of our binary brains we can adapt our thinking to make subtler, better decisions in future.

'Essential insights into the character of human choice and decision-making. You'll not think about thinking the same way afterwards.'
Robert Cialdini, author of *Influence* and *Pre-suasion*

It is human instinct to sort and categorize. We are hardwired to discriminate and frame everything in binary black and white. It's how our brains work. Migrant or refugee? Muslim or Christian? Them or us? Rather than reaching out to those who are different, we bond with those who are similar to ourselves. Rather than challenging our own thinking about the world, we endeavour only to confirm what we believe.

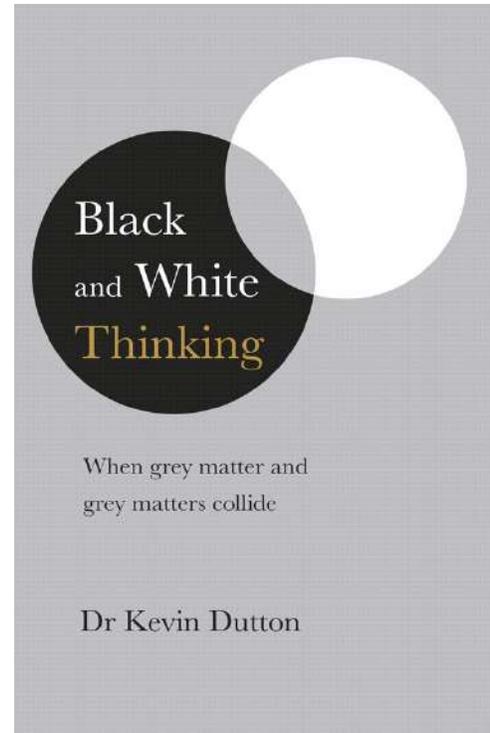
The result is that the difference between polarized beliefs becomes ever greater. Dangerous possibilities arise. The Alt Right. ISIS. Brexit. Trump. Through persistent binary thinking our capacity for rational and nuanced thought - seeing the grey, rather than merely black and white - begins to erode.

Black and White Thinking is an alarm call. Amidst a rising tide of religious intolerance and political extremism, it argues that by understanding the evolutionary programming of our binary brains we can overcome it, make sense of the world and in future make much subtler - and far better - decisions.

'Fascinating, important and entirely convincing.' Philip Pullman

'Kevin Dutton is a Special Forces style psychologist. Daring. Original. All-action. No nonsense.' Sir Ranulph Fiennes

Dr Kevin Dutton is a researcher at the Department of Experimental Psychology, University of Oxford, and a member of the Oxford Centre for Emotions and Affective Neuroscience (OCEAN) research group. He regularly publishes in leading international scientific journals and speaks at conferences around the world. He is the author of the acclaimed *Flipnosis: The Art of Split-Second Persuasion*.



August 2020

9781787632325

£20.00 : Hardback

384 pages

Written In Bone

hidden stories in what we leave behind

Sue Black

From the world's foremost forensic anthropologist and author of the *Sunday Times* bestseller, *All That Remains*, an exploration - from skull to feet - of how our bones reveal what has happened to us in our lives.

Our bones are the silent witnesses to the lives we lead. Our stories are marbled into their marrow.

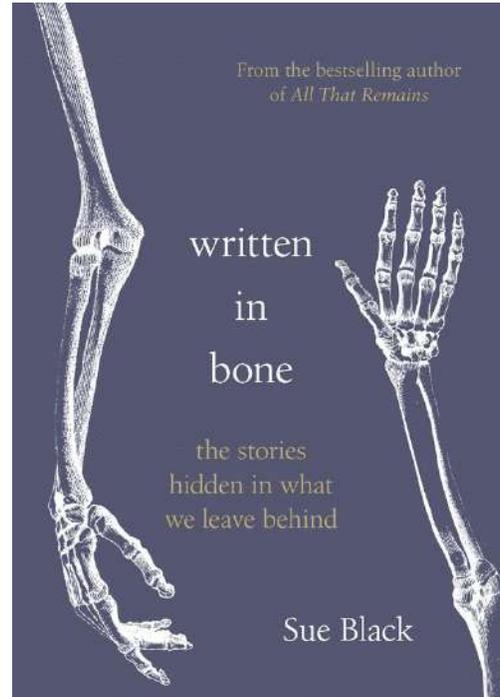
Drawing upon her years of research and a wealth of remarkable experience, the world-renowned forensic anthropologist Dame Sue Black takes us on a journey of revelation. From skull to feet, via the face, spine, chest, arms, hands, pelvis and legs, she shows that each part of us has a tale to tell. What we eat, where we go, everything we do leaves a trace, a message that waits patiently for months, years, sometimes centuries, until a forensic anthropologist is called upon to decipher it.

Some of this information is easily understood, some holds its secrets tight and needs scientific cajoling to be released. But by carefully piecing together the evidence, the facts of a life can be rebuilt. Limb by limb, case by case – some criminal, some historical, some unaccountably bizarre – Dame Sue Black reconstructs with intimate sensitivity and compassion the hidden stories in what we leave behind.

Professor Dame Sue Black is one of the world's leading anatomists and forensic anthropologists. She is also the Pro-Vice Chancellor for Engagement at Lancaster University. She was the lead anthropologist for the British Forensic Team's work in the war crimes investigations in Kosovo. She was one of the first forensic scientists to travel to Thailand following the Indian Ocean tsunami to provide assistance in identifying the dead. Sue is a familiar face in the media where documentaries have been filmed about her work and she led the highly successful BBC 2 series *History Cold Case*.

Sue was appointed Dame Commander of the Order of the British Empire in the 2016 Queen's Birthday Honours for services to forensic anthropology.

She is the author of the critically acclaimed Sunday Times bestseller *All That Remains*.



September 2020
9780857526908
£18.99 : Hardback
368 pages
12 B&W line-drawn chapter headings

Sicily '43

The First Assault on Fortress Europe

James Holland

From the bestselling author of Normandy '44, containing new and unpublished research, this is the largely untold story of the critical campaign that became a vital precursor to D-Day.

This is the story of the biggest seaborne landing in history.

Codenamed Operation HUSKY, the Allied assault on Sicily on 10 July 1943 remains the largest amphibious invasion ever mounted in world history, landing more men in a single day than at any other time. That day, over 160,000 British, American and Canadian troops were dropped from the sky or came ashore, more than on D-Day just under a year later. It was also preceded by an air campaign that marked a new direction and dominance of the skies by Allies.

The subsequent thirty-eight-day Battle for Sicily was one of the most dramatic of the entire Second World War, involving daring raids by special forces, deals with the Mafia, attacks across mosquito-infested plains and perilous assaults up almost sheer faces of rock and scree.

It was a brutal campaign - the violence was extreme, the heat unbearable, the stench of rotting corpses intense and all-pervasive, the problems of malaria, dysentery and other diseases a constant plague. And all while trying to fight a way across an island of limited infrastructure and unforgiving landscape, and against a German foe who would not give up.

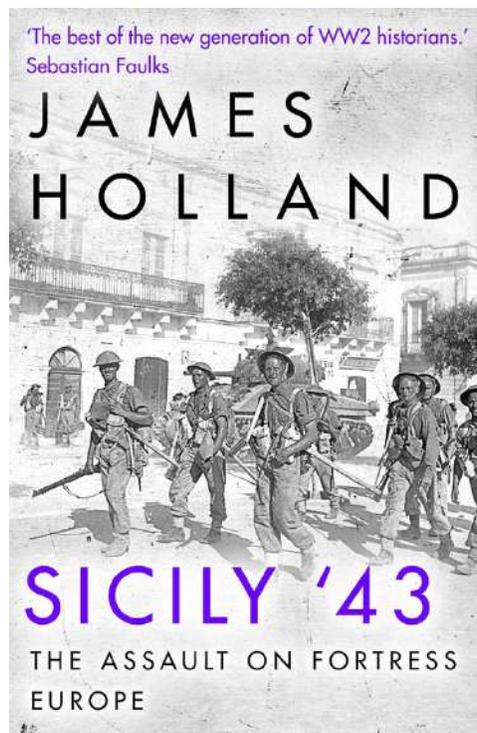
It also signalled the beginning of the end of the War in the West. From here on, Italy ceased to participate in the war, the noose began to close around the neck of Nazi Germany, and the coalition between the United States and Britain came of age. Most crucially, it would be a critical learning exercise before Operation OVERLORD, the Allied invasion of Normandy, in June 1944.

Based on his own battlefield studies in Sicily and on much new research over the past thirty years, James Holland's SICILY '43 offers a vital new perspective on a major turning point in World War II. It is a timely, powerful and dramatic account by a master military historian and will fill a major gap in the narrative history of the Second World War.

James Holland is an internationally acclaimed and award-winning historian, writer, and broadcaster. The author of a number of best-selling histories including *Battle of Britain*, *Dam Busters*, *Burma '44* and, most recently, *Big Week*, he has also written nine works of historical fiction, including the Jack Tanner novels.

He is currently writing an acclaimed three-volume new history of the Second World War, *The War in the West*. He has presented – and written – many television programmes and series for the BBC, Channel 4, National Geographic, History and Discovery Channels.

He is also co-founder of the Chalke Valley History Festival and co-founder of WarGen.org, an online Second World War resource site, and presents the Chalk Valley History Hit podcast. A fellow of the Royal Historical Society, he also has a weekly podcast with Al Murray, *We Have Ways of Making You Talk: Al Murray and James Holland Talk World War II*. He can be found on Twitter as @James1940.



September 2020
9781787632936
£25.00 : Hardback
560 pages

My Name Is Selma

The remarkable memoir of a Jewish Resistance fighter and Ravensbrück survivor

Selma van de Perre

A tale of hope, courage and resilience, *My Name Is Selma* is the internationally bestselling memoir of a Dutch Jewish Resistance fighter who survived Ravensbrück concentration camp.

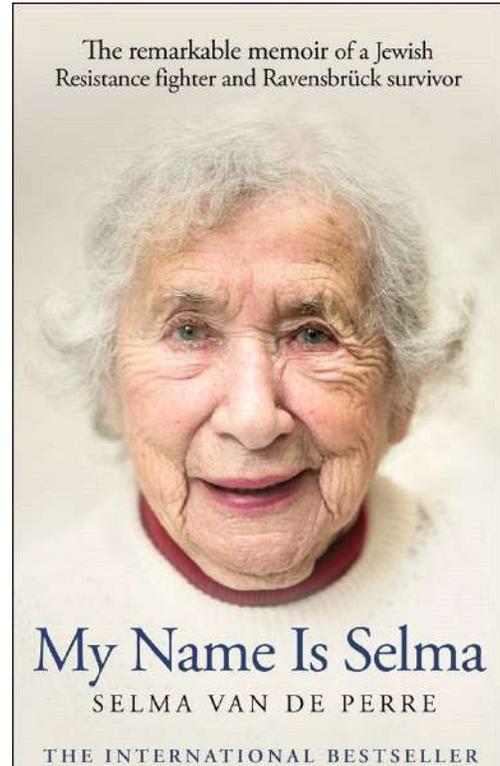
'I am one of few Jewish survivors of World War Two, but one of many Jewish people to fight the Nazi regime. My story illustrates what happened to thousands of Jews and non-Jews alike... the sheer luck that saved some of us and the atrocities that led to the deaths of so many, as a tribute to all those who suffered and died.'

Selma van de Perre was seventeen when World War Two began. Until then, being Jewish in the Netherlands had been of no consequence. But by 1941 this simple fact had become a matter of life or death. Several times, Selma avoided being rounded up by the Nazis. Then, in an act of defiance, she joined the Resistance movement, using the pseudonym Margareta van der Kuit. For two years 'Marga' risked it all. Using a fake ID, and passing as Aryan she travelled around the country delivering newsletters, sharing information, keeping up morale - doing, as she later explained, what 'had to be done'.

In July 1944 her luck ran out. She was transported to Ravensbrück women's concentration camp as a political prisoner. Unlike her parents and sister - who, she would later discover, died in other camps - she survived by using her alias, pretending to be someone else. It was only after the war ended that she was allowed to reclaim her identity and dared to say once again: My name is Selma.

Now, at ninety-eight, Selma remains a force of nature. Full of hope and courage, this is her story in her own words.

SELMA VAN DE PERRE (b. 1922) was a member of the Dutch Resistance organization TD Group during World War Two. Shortly after the war she moved to London, where she worked for the BBC and met her future husband, the Belgian journalist Hugo van de Perre. For a number of years she also worked as foreign correspondent for a Dutch television station. In 1983 Selma van de Perre received the Dutch Resistance



September 2020
9781787633988
£14.99 : Hardback
256 pages

Wisdom of the Ancients

Life lessons from our distant past

Neil Oliver

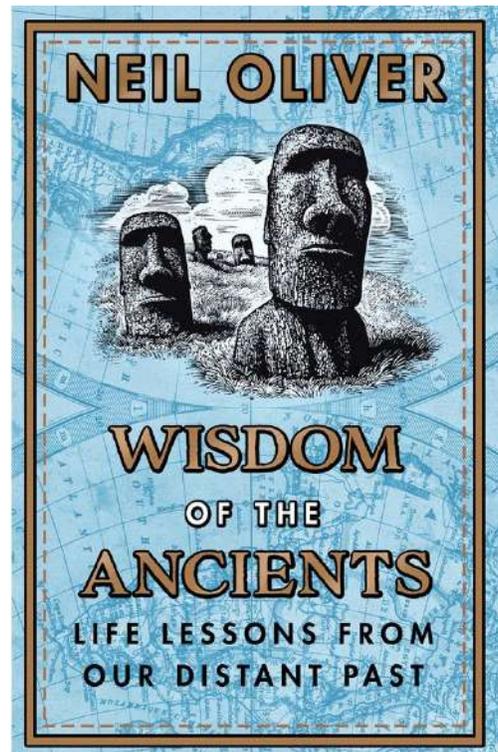
Following on from the huge success of *The Story of the British Isles in 100 Places*, bestselling author and BBC historian Neil Oliver shows us how we can use the wisdom of our ancestors to find the answers for a more fulfilling life.

From the bestselling author of *The Story of the British Isles in 100 Places* comes this inspiring and beautifully written meditation on the wisdom inherited from our ancestors.

For all we have gained in the modern world, simple peace of mind is hard to find. In a time that is increasingly fraught with complexity and conflict, we are told that our wellbeing relies on remaining as present as possible. But what if the key to being present lies in the past?

In *Wisdom of the Ancients*, Neil Oliver takes us back in time, to grab hold of the ideas buried in forgotten cultures and early civilizations. From Laetoli footprints in Tanzania to Kerala rituals, stone circles and cave paintings, Oliver takes us on a global journey through antiquity. A master storyteller, drawing on immense knowledge of our ancient past, he distils this wisdom into twelve messages that have endured the test of time, and invites us to consider how these might apply to our lives today. The result is powerful and inspirational, moving and profound.

Neil Oliver was born in Renfrewshire in Scotland. He studied archaeology at the University of Glasgow and worked as an archaeologist before training as a journalist. In 2002 he made his television debut presenting BBC2's *Two Men in a Trench* in which he and Tony Pollard visited historic British battlefields. Since that time he has been a regular on TV, presenting *A History of Scotland*, *Vikings*, and *Coast*. He was appointed President of the National Trust in Scotland in 2017. He travels all the time, but his home is in Stirling, with his wife, three children and an Irish wolfhound.



September 2020
9781787633094
£20.00 : Hardback
304 pages

Overpaid, Oversexed and Over There

How a Few Skinny Brits with Bad Teeth Rocked America
David Hepworth

From the bestselling music author, this is the tale of how a few skinny Brits with bad teeth rocked America...

The Beatles landing in New York in February 1964 was the opening shot in a cultural revolution nobody predicted. Suddenly the youth of the richest, most powerful nation on earth was trying to emulate the music, manners and the modes of a rainy island that had recently fallen on hard times.

The resulting fusion of American can-do and British fuck-you didn't just lead to rock and roll's most resonant music. It ushered in a golden era when a generation of kids born in ration card Britain, who had grown up with their nose pressed against the window of America's plenty, were invited to wallow in their big neighbour's largesse.

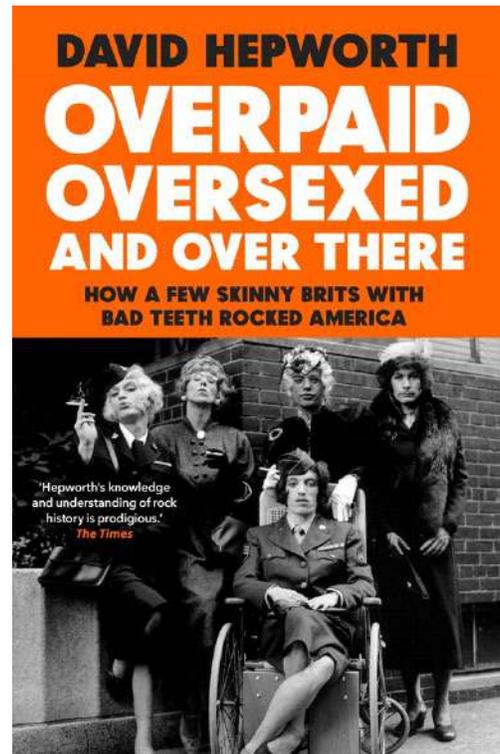
It deals with a time when everything that was being done - from the Beatles playing Shea Stadium to the Rolling Stones at Altamont, from the Who performing their rock opera at the Metropolitan Opera House to David Bowie touching down in the USA for the first time with a couple of gowns in his luggage - was being done for the very first time.

Rock and roll would never be quite so exciting again.

David Hepworth has been writing, broadcasting and speaking about music and media since the seventies. He was involved in the launch and editing of magazines such as *Smash Hits*, *Q*, *Mojo* and *The Word*, among many others.

He was one of the presenters of the BBC rock music programme *The Old Grey Whistle Test* and one of the anchors of the corporation's coverage of Live Aid in 1985. He has won the Editor of the Year and Writer of the Year awards from the Professional Publishers Association and the Mark Boxer award from the British Society of Magazine Editors.

He lives in London, dividing his time between writing for a variety of newspaper and magazines, speaking at events, broadcasting work, podcasting at www.wordpodcast.co.uk and blogging at www.whatsheonabouthnow.blogspot.co.uk.



September 2020
9781787632769
£20.00 : Hardback
336 pages

Privacy is Power

Why and How You Should Take Back Control of Your Data

Carissa Véliz

As the data economy grows in power, Carissa Véliz exposes how our privacy is eroded by big tech and governments, why that matters and what we can do about it.

As the data economy grows in power, Carissa Véliz exposes how our privacy is eroded by big tech and governments, why that matters and what we can do about it

The moment you check your phone in the morning you are giving away your data. Before you've even switched off your alarm, a whole host of organisations have been alerted to when you woke up, where you slept, and with whom. As you check the weather, scroll through your 'suggested friends' on Facebook, you continually compromise your privacy.

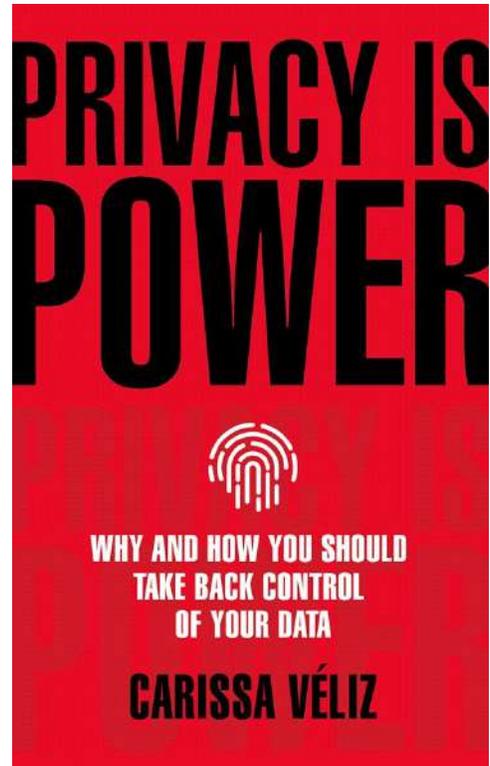
Without your permission, or even your awareness, tech companies are harvesting your information, your location, your likes, your habits, and sharing it amongst themselves. They're not just selling your data. They're selling the power to influence you. Even when you've explicitly asked them not to. And it's not just you. It's all your contacts too.

Digital technology is stealing our personal data and with it our power to make free choices. To reclaim that power and democracy, we must protect our privacy.

What can we do? So much is at stake. Our phones, our TVs, even our washing machines are spies in our own homes. We need new regulation. We need to pressure policy-makers for red lines on the data economy. And we need to stop sharing and to adopt privacy-friendly alternatives to Google, Facebook and other online platforms.

Short, terrifying, practical: *Privacy is Power* highlights the implications of our laid-back attitude to data and sets out how we can take back control.

Carissa Véliz is a Research Fellow at the Uehiro Centre for Practical Ethics, the Wellcome Centre for Ethics and Humanities, and Christ Church at the University of Oxford. Véliz has published articles in media such as the *Guardian*, *The New York Times*, *New Statesman*, and the *Independent*. Her academic work has been published in *The Harvard Business Review*, *Nature Electronics*, *Nature Energy*, and *The American Journal of Bioethics*, among other journals. She is the editor of the forthcoming *Oxford Handbook of Digital Ethics*.



September 2020
9781787634046
£12.99 : Hardback
224 pages

The Wild Life of the Fox

John Lewis-Stempel

Britain's finest nature writer explores the myths, history and hidden world of the enigmatic animal that stalks our meadows and our city streets alike.

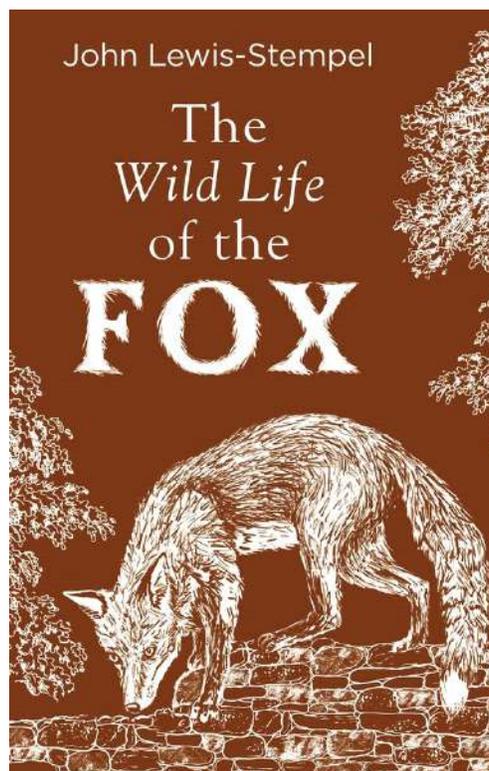
**"I adore the fox for its magnificence; I hate the fox for killing my chickens.
To love and loathe the fox is a British condition."**

The fox is our apex predator, our most beautiful and clever killer. We have witnessed its wild touch, watched it slink by bins at night and been chilled by its high-pitched scream. And yet we long to stroke the tumbling cubs outside their tunnel homes and watch the vixen stalk the cornfield.

There is something about foxes. They captivate us like no other species.

Exploring a long and sometimes complicated relationship, *The Wild Life of the Fox* captures our love – and sometimes loathing – of this magnificent creature in vivid detail and lyrical prose.

John Lewis-Stempel is a writer and farmer. His books include the Sunday Times bestsellers *The Running Hare* and *The Wood*. He is the only person to have won the Wainwright Prize for Nature Writing twice, with *Meadowland* and *Where Poppies Blow*. In 2016 he was Magazine Columnist of the Year for his column in *Country Life*. He lives in Herefordshire with his wife and two children.



October 2020
9780857526427
£8.99 : Hardback
96 pages

The Darkness Echoing

Exploring Ireland's Places of Famine, Death and Rebellion

Gillian O'Brien

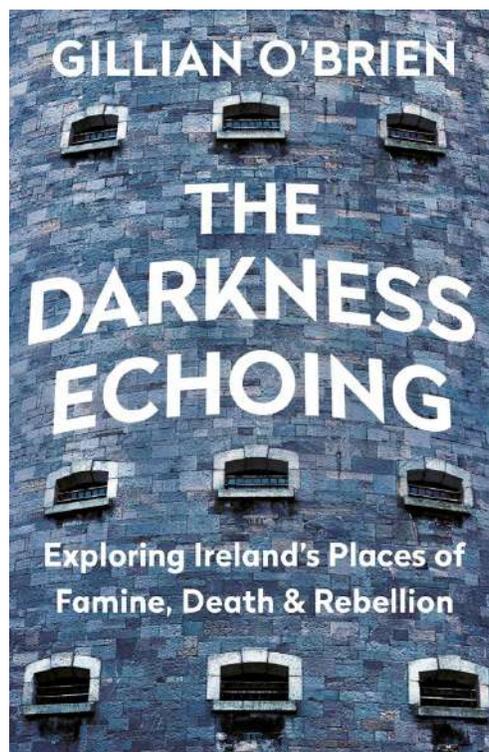
A hugely entertaining exploration of Ireland's historical sites with a dark side. Fizzing with curiosity and humour and revealing fascinating and unearthed stories from our past *The Darkness Echoing* will make us question and re-imagine who we are and where we've come from.

Ireland is a nation obsessed with death. We find a thrill in the moribund, a strange enchantment in the drama of our dark past. It's everywhere we look and in all of our beloved myths, songs and stories that have helped to form our cultural identity. Our wakes and ballads, our plays and famine sites, all of them and more come together to tell ourselves and the world who we are and what we have suffered to get here.

Gillian O'Brien had a beloved grandmother who tried on outfits in preparation for her wake. Always fascinated by the Irish preoccupation with death and the rituals around it, Gillian sets out to explore this intriguing habit of ours, to be compelled to celebrate the macabre and relish the darkness of own mortality. In *The Darkness Echoing* she tours Ireland to find our most haunted and fascinating historical sites, to discover the stories behind them and reveal what they say about Ireland as a nation.

From war to revolution, famine to emigration, and finally, to death and ghosts, *The Darkness Echoing* travels around Ireland and through its history to examine the old, accepted narratives and bring newly unearthed stories from our past to life.

Dr Gillian O'Brien is a Reader in Modern Irish History at Liverpool John Moores University. She is the author of *Blood Runs Green: The Murder That Transfixed Gilded Age Chicago* and is a former Irish Research Council awardee.



October 2020
9781781620502
£14.99 : Trade Paperback
368 pages

All Men Must Die

Game of Thrones and the Official Untold Story of an Epic Series

James Hibberd

The official, epic history of the *Game of Thrones* television phenomenon, written by the only member of the media to have had exclusive access to the set, cast and crew.

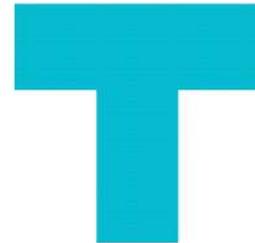
THE UNTOLD STORY OF A GLOBAL OBSESSION DIRECT FROM THE SHOW'S CAST AND CREATORS...

Game of Thrones is the biggest television drama ever to have graced our screens. The epic saga of warring families, huge battles, arduous journeys and dying heroes has captured the hearts and attention of millions of fans across the world. But its conclusion isn't necessarily the end of the story ...

James Hibberd is the only member of the media ever to have been permitted on the show's top secret set during filming. He was in Croatia when Joffrey Baratheon perished; he was in Northern Ireland when Jon Snow desperately fought in the Battle of the Bastards. He has documented every part of the making of the show and has had exclusive access to cast members, writers and directors.

This official, complete history of HBO's *Game of Thrones* will draw on the author's many long days and nights spent on GOT sets all over the world and his countless interviews with cast and crew, many of which have never been published before. Packed with photographs both from the show and from the author's personal collection, this is the only book that will be absolutely essential reading for every *Game of Thrones* fan.

James Hibberd is an award-winning entertainment journalist who has written thousands of stories covering the business of Hollywood across nearly two decades. He is currently Editor-at-Large for *Entertainment Weekly* and was previously TV Editor at *The Hollywood Reporter*. His freelance work has appeared in *The New York Times*, *Salon*, *Cosmopolitan*, *Details* and *Best American Sports Writing*. He lives in Austin, Texas.



**COVER
COMING
SOON**

October 2020
9781787633285
£20.00 : Hardback
320 pages

Red Line

The Unravelling of Syria and the Race to Destroy the Most Dangerous Arsenal in the World

Joby Warrick

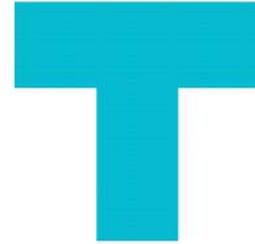
From the Pulitzer Prize-winning author of *Black Flags*, the harrowing true story of the mission to find and destroy Syria's chemical weapons and defeat ISIS - only to lose control of both.

In August 2012, Syrian president Bashar al-Assad was clinging to power in a vicious civil war. Concerned that Assad might resort to chemical weapons, the international community warned that any such use would cross "a red line", warranting a military response. When a year later Assad bombed the Damascus suburb of Ghouta with sarin gas, killing hundreds, global leaders were torn between living up to their word and becoming mired in another unpopular Middle Eastern war. So when Russia offered to store Syria's chemical weapons, the world leaped at the solution.

So begins a race to find, remove, and destroy 1,300 tons of chemical weapons in the middle of Syria's civil war. Told in harrowing detail, the initial effort is a tactical triumph for the West, but soon Russia's long game becomes clear: it has UN cover to assist Assad's regime. Meanwhile, the territory gains of ISIS further destabilise the country, and the terrorist organisation seeks to secure Syria's chemical arsenals for itself, with horrifying consequences.

Red Line is a classic Joby Warrick true-life thriller: a character-driven narrative with a cast of heroes and villains, including weapons hunters, politicians, commandos, diplomats, and spies. Through original reporting and eyewitness accounts from direct participants, Joby Warrick reveals how a well-intentioned effort to save Syrian lives became swept up in a calamitous chain of events that would spawn a terrorist movement, unleash torrents of refugees, frustrate two U.S. presidents and empower the Western alliance's most dangerous foes.

JOBY WARRICK has been a reporter for *The Washington Post* since 1996. He is a two-time winner of the Pulitzer Prize, and the author of *Black Flags* and *The Triple Agent*.



**COVER
COMING
SOON**

October 2020
9780857527530
£20.00 : Hardback
352 pages

Harrier 809

Britain's Legendary Jump Jet and the Untold Story of the Falklands War

Rowland White

'*Harrier 809* is a truly insightful study of this iconic British aircraft at war ... A tremendous account, [by] turns exciting, moving and enlightening; Rowland White has crafted yet another brilliant account of aerial warfare.' JOHN NICHOL, BESTSELLING AUTHOR OF *SPITFIRE*

'A military adventure, written with expertise...a tale of initiative, skill and courage, of pushing beyond the rules.' *The Spectator*

April 1982. Argentina invades the Falkland Islands.

In response, Britain despatches a naval Task Force. Eight thousand miles from home, its fate hinges on just twenty Sea Harriers against the two hundred-strong might of the Argentine Air Force.

The odds against them are overwhelming.

The MoD's own estimates suggest that half the Harriers will be lost within a week. Against this background, 809 Naval Air Squadron is reformed, trained and sent south to fight.

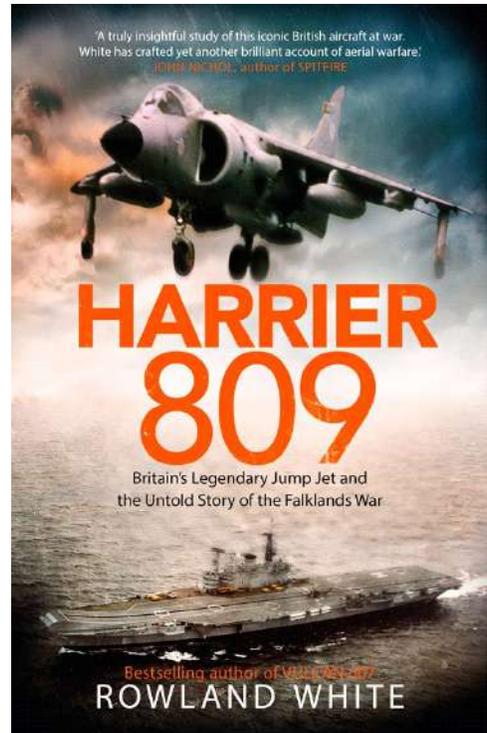
Not since WWII had so much been expected of such a small band of pilots.

Combining groundbreaking research with the pace of a thriller, Rowland White reveals the full story of the fleet's knife-edge fight for survival for the first time, and shows how the little jump jet went from airshow novelty to sealing its reputation as an icon of British aviation, alongside the Spitfire and the Hurricane.

'Without the Sea Harrier there could have been no Task Force'
Admiral Sir Henry Leach, First Sea Lord and Chief of the Naval Staff

Rowland White is the author of four critically acclaimed works of aviation history: *Vulcan 607*, *Phoenix Squadron*, *Storm Front* and *Into the Black*, as well as a compendium of aviation, *The Big Book of Flight*. Born and brought up in Cambridge, he studied Modern History at Liverpool University. In 2014 he launched Project Cancelled to produce apparel inspired by the best in aviation, space and other cool stuff. Find it at projectcancelled.com

For more information on Rowland White and his books visit his website at rowlandwhite.com or find him on Twitter at @rowlandwhite



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The ground-breaking new book from former Special Boat Services Sergeant Jason Fox, star of Channel 4's SAS Who Dares Wins and number one bestselling author of *Battle Scars*.

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Jason Fox joined the Royal Marine Commandos at sixteen, serving for ten years, after which he passed the gruelling selection process for the Special Forces, serving with the Special Boat Service for over a decade and reaching the rank of Sergeant.

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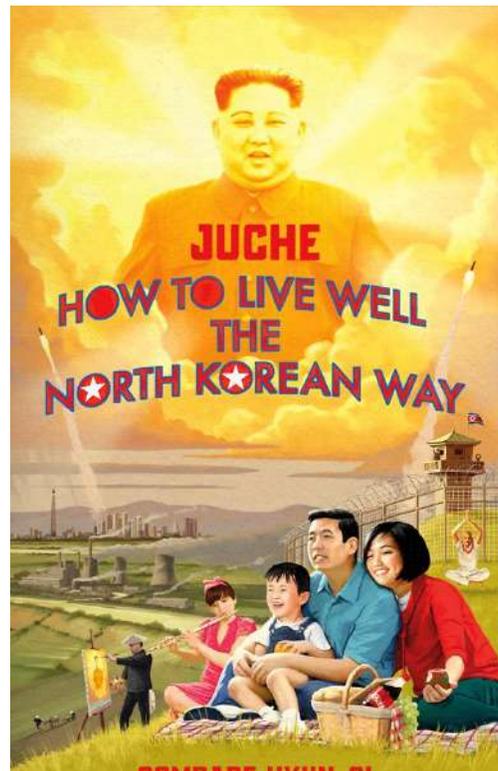
Imagine a world where men and women are treated as equals, where the elderly are respected not neglected, where children can realise their dreams. Imagine a society, a kind and fair one, where people are free from worry and woe. Imagine a life, harmonious and balanced, where people are united by their love for their leader. Imagine that leader, wise and mighty, so devoted to his people that he is prepared to keep watch on every single one of them.

Welcome to North Korea.

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'Conceived for the people, by the people, Juche states that only through back-breaking work, soul-nourishing study and boundless courage can progress be achieved.'

Oli was born in 1993. After graduating from The University of Bristol with a degree in English Literature and Drama, he got a job in publishing, which he is yet to be fired from. He hopes to be married with children one day.



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Praise for Jilly Cooper:

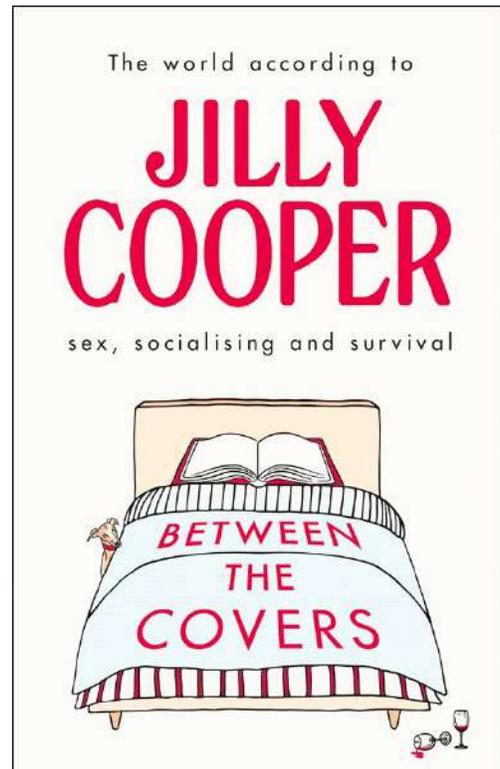
'Joyful and mischievous' **Jojo Moyes**

'Fun, sexy and unputdownable' **Marian Keyes**

'Flawlessly entertaining' **Helen Fielding**

Jilly Cooper is a journalist, author and media superstar. The author of many number one bestselling novels, she lives in Gloucestershire with her rescue racing greyhound, Bluebell.

She has been awarded honorary doctorates by the Universities of Gloucestershire and Anglia Ruskin, and won the inaugural Comedy Women in Print lifetime achievement award in 2019. She was appointed CBE in 2018 for services to literature and charity.



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Running The World

My World-Record Breaking Adventure to Run a Marathon in Every Country on Earth

Nick Butter

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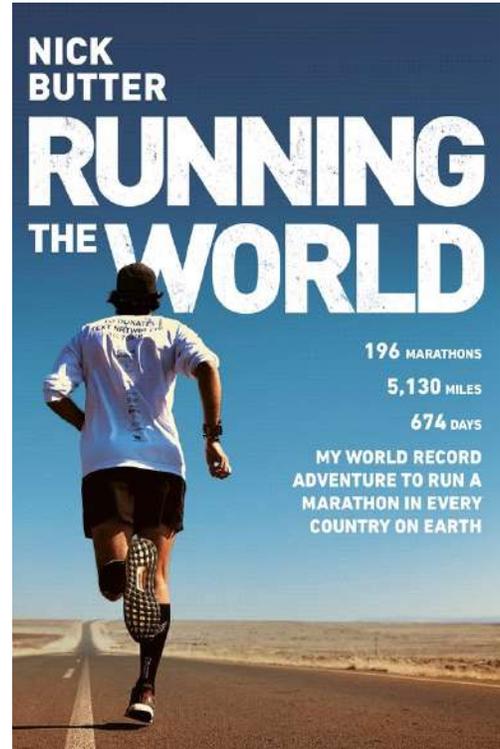
The remarkable story of a world record breaking adventure to run a marathon in every country in the world.

On January 6th 2018, Nick Butter tied his laces and stepped out on to an icy pavement in Toronto, where he began to take the first steps of an epic journey that would see him run 196 marathons in every one of the world's 196 countries. Spending almost two years on the road and relying on the kindness of strangers to keep him moving, Nick's odyssey allowed him to travel slowly, on foot, immersing himself in the diverse cultures and customs of his host nations.

Running through capital cities and deserts, around islands and through spectacular landscapes, Nick dodges bullets in Guinea-Bissau, crosses battlefields in Syria, survives a wild dog attack in Tunisia and runs around an erupting volcano in Guatemala. Along the way, he is often joined by local supporters and fellow runners, curious children and bemused passers-by. Telling their stories alongside his own, Nick captures the unique spirit of each place he visits and forges a new relationship with the world around him.

Running the World captures Nick's journey as he sets three world records and covers over five thousand miles. As he recounts his adventures, he shares his unique perspective on our glorious planet, celebrates the diversity of human experience, and reflects on the overwhelming power of running.

Nick Butter is an endurance runner, adventurer and motivational speaker. He lives in Bristol.



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